

Course Catalog



Safety
FOCUS[®]

**Immersive Education
for Safety Professionals**

October 24-28, 2022
Columbia, MD and Online

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BUSINESS AND LEADERSHIP SKILLS

Advanced Safety Management Methods

Monday, October 24 – Wednesday, October 26 | Advanced | 2.1 CEUs |

Safety management no longer is a compliance-driven approach to systems, best practice thinking and concepts. This contemporary approach is influencing the way safety professionals deliver guidance and direction to their organizations. Whether you are an executive-level safety professional or an emerging safety leader, you will develop knowledge and tools to greatly improve safety performance in your organization.

Instructor(s): Joel Tietjens, CSP, CSHM, FASSP

Learning Objectives:

- Manage organizational safety by applying methods established by recognized and respected contemporary management innovators, behavioral scientists and great leaders in organizations and occupational safety and health (OSH)
- Apply strategy and techniques focused on risk, business and the reality of human performance to provide another dimension to OSH management in your organization
- Demonstrate safety leadership that will build a connection with senior leaders and inspire workers to perform the best safety practices

ANSI/ASSP Z16: Safety Metrics For the Modern Safety Professional

Friday, October 28 | Intermediate | 0.7 CEUs |

Modern safety professionals must understand many kinds of metrics and how to work with management to choose the right ones. Following the new ANSI/ASSP Z16.1 standard, this course will explore the use of balanced scorecards, leading indicators and other metrics that can help you understand your safety program's effectiveness. Learn the history of traditional metrics, how they've been used and why they shouldn't be the only way you measure success. **Your registration includes a copy of the ANSI/ASSP Z16.1-2022 Safety and Health Metrics and Performance Measures.**

Instructor(s): C. Gary Lopez, MS, CSP, FASSP, DSS

Learning Objectives:

- Apply traditional lagging indicators, such as incident rates and lost-time incident rates
- Select leading indicators and apply them to improve culture and management accountability for safety
- Explain the types of metrics being used to measure safety performance
- Measure losses beyond direct costs
- Understand the financial impact of key metrics

Communicating For Action: Is Anyone Listening to Me?

Thursday, October 27 | Beginner | 0.7 CEUs |

Safety professionals must communicate effectively to move people to action — to get them to speak up, make safe choices and consider safety as they do their work. Learn to understand your audience, deliver effective messages, build your public speaking skills and get projects approved. Create a persuasive and engaging safety communication plan for your organization.

Instructor(s): Camille P. Oakes, CSP, SMS, CIT

Learning Objectives:

- Identify the ways adults prefer to receive information
- Practice public speaking
- Rewrite technical information in a way people will understand
- Identify safety drivers and tailor safety messages
- Assess your personal communication skills and create an action plan for improvement

Environment, Social and Governance (ESG) and Sustainability: Risks and Opportunities for Safety Professionals

Monday, October 24 | Advanced | .7 CEUs |

Well-run, purpose-driven companies are realizing that taking care of people and the environment creates resilient corporate performance. Learn to connect the dots between environment, social and governance (ESG), sustainability, human capital, the regulatory landscape, and our role as safety and health professionals. Develop a personal road map that will help you integrate safety while navigating this unprecedented shift in stakeholder expectations.

Instructor(s): Kathy Seabrook, CSP, CFIOSH, EurOSHM, FASSP

Learning Objectives:

- Apply ESG, sustainability and human capital concepts currently presenting opportunities for safety professionals to influence business leaders
- Develop a safety/ESG operational road map, tailored to your business environment
- Interpret mandatory and voluntary ESG reporting requirements

Great Leaders Don't Solve Problems: Principles and Practices for Finding and Preventing Hidden Safety Problems

Wednesday, October 26 – Thursday, October 27 | Intermediate | 1.4 CEUs |

Good leaders solve problems, but great leaders prevent problems. The safety profession is about prevention, and safety professionals must be experts in identifying the opportunities that exist in potential problems and preventing the problems that lead to injuries and fatalities. By applying this knowledge, you can genuinely add value to your organization. Explore ways to employ servant-leadership principles and best practices for identifying problems across the various levels in an organization before problems arise.

Instructor(s): Barry S. Spurlock, J.D., CSP; Earl Blair, Ph.D., CSP, FASSP

Learning Objectives:

- Proactively identify hidden safety problems in your organization
- Identify common barriers to becoming a problem finder and describe how to overcome these barriers
- Identify organizational practices and culture that prevents workers and leaders from failing safely and learning from mistakes
- Develop organizational metrics that enable a systematic approach to identifying problems before they happen
- Select effective countermeasures for prevention before problems mushroom and result in injuries and harm
- Advise frontline supervisors on ways to engage their teams in discovering hidden problems and enthusiastically participating in safety efforts

Influential Leadership Skills

Thursday, October 27 – Friday, October 28 | Advanced | 1.4 CEUs |

Safety has evolved from a function that provides only technical expertise to one that provides leadership at all levels of an organization. Contemporary safety professionals must influence executive management through effective guidance and direction. Whether you are an executive-level safety professional or an emerging safety leader, you will learn the principles of leadership, strategic thinking and planning; discuss techniques for influencing executive, middle and line management; review expected ethical behavior; and discuss how to select the best management model to improve your organization's safety performance.

Instructor(s): Joel Tietjens, CSP, CSHM, FASSP

Learning Objectives:

- Apply the principles of leadership, participating in strategic thinking and planning to lead organizational safety
- Determine the occupational safety and health (OSH) model that would most benefit your organization
- Demonstrate the unique traits of successful leaders to inspire and influence workers to improve safety performance
- Develop a stronger connection to your executive, middle and line leaders
- Integrate new concepts in OSH management and leadership into your organization

Make Your Safety Training Stick: Improve Retention and Get Better Results

Tuesday, October 25 – Wednesday, October 26 | Intermediate | 1.4 CEUs |

Go beyond the basics to improve your safety training. This course will focus on gaining the attention of trainees and management, designing in methods for increased retention, and implementing techniques to help trainees apply their knowledge. Learn how to create your own activities, backed by science, that help keep people safe.

Instructor(s): Linda M. Tapp, CSP, ALCM, CPTD

Learning Objectives:

- Understand the challenges associated with retention and transfer and ways to overcome these challenges
- Understand accelerated learning principles and research-based learning science
- Create and deliver safety training that provides greater opportunities for retention and transfer
- Facilitate interactive learning activities that have a beneficial impact on the success of training classes

Managing the Employment Law Risks of the Safety Profession

Monday, October 24 – Tuesday, October 25 | Intermediate | 1.4 CEUs |

This course will equip you to manage employment law issues that impact safety. It will also explore strategies for minimizing liability. Topics include the Americans With Disabilities Act (ADA), the Family and Medical Leave Act (FMLA), workers' comp, whistleblower complaints, the legalization of cannabis, attorney-client privilege, the Health Insurance Portability and Accountability Act (HIPAA), and more.

Instructor(s): Barry S. Spurlock, J.D., CSP

Learning Objectives:

- Analyze potential legal concerns associated with occupational safety management
- Inspect safety-related employment policies and practices (e.g., employee physicals, workers' comp claims, incident investigations, drug testing) and identify associated legal risks and exposures
- Identify proactive measures to minimize liabilities associated with the practice of occupational safety
- Support internal and external legal counsel when safety-related employment law issues and disputes arise

Strategies For Safety Excellence: Advancing Safety in Your Organization and Career

Friday, October 28 | Intermediate | .7 CEUs |

There are many challenges that keep organizations from achieving safety excellence. This course will explore how to create an effective safety strategy that emphasizes learning and working with leaders to anticipate and address risks. It will use an in-depth case study of CEO Paul O'Neill's tenure at Alcoa to illustrate how safety can become an organizational value.

Instructor(s): Earl Blair, Ph.D., CSP, FASSP

Learning Objectives:

- Understand past failures and successes to promote safety
- Describe how strategy must be deliberate to sustain safety excellence
- Use foresight to influence safety outcomes

CERTIFICATION PREPARATION

Associate Safety Professional (ASP) Exam Preparation

Tuesday, October 25 – Thursday, October 27 | Beginner | 2.1 CEUs |

Learn what you need to know to pass the Associate Safety Professional (ASP) certification exam. Complete practice questions and review answers that align with the Board of Certified Safety Professionals (BCSP) blueprint for the ASP exam. Get answers to your questions about the testing process and get practical guidance on what you should do to prepare. **You need a TI-30XS scientific calculator to participate in this course.**

Instructor(s): Robert Hites, CSP, CHST, SMS, CIT

Learning Objectives:

- Describe the ASP exam blueprint
- Describe the Pearson VUE testing process
- Describe certification requirements and scoring
- Review test-taking and study strategies
- Demonstrate an understanding of the ASP exam blueprint by answering sample questions
- Evaluate knowledge gaps and strengths
- Develop a study plan
- Locate resources to fill knowledge gaps and reinforce strengths

Certified Safety Professional (CSP) Exam Preparation

Tuesday, October 25 – Thursday, October 27 | Intermediate | 2.1 CEUs |

Learn what you need to know to pass the Certified Safety Professional (CSP) certification exam. Complete practice questions and review answers that align with the Board of Certified Safety Professionals (BCSP) blueprint for the CSP exam. Get answers to your questions about the testing process and get practical guidance on what you should do to prepare. **You need a TI-30XS scientific calculator to participate in this course.**

Instructor(s): Richard Lindsey, CSP, SMS

Learning Objectives:

- Describe the CSP exam blueprint
- Describe the Pearson VUE testing process
- Describe the certification requirements and scoring
- Review test-taking and study strategies.
- Demonstrate an understanding of the CSP exam blueprint by answering sample questions
- Evaluate knowledge gaps and strengths
- Develop a study plan
- Locate resources to fill knowledge gaps and reinforce strengths

Construction Health and Safety Technician (CHST) Exam Preparation

Tuesday, October 25 – Thursday, October 27 | Intermediate | 2.1 CEUs |

Learn what you need to know to pass the Construction Health and Safety Technician (CHST) certification exam. Participate in a comprehensive review of the exam blueprint, complete sample questions and receive additional quizzes to take home for extra practice. **You need a TI-30XS scientific calculator to participate in this course.**

Instructor(s): Steven P. Pereira, CSP

Learning Objectives:

- Review the requirements to take the CHST certification exam, evaluate your knowledge of content covered in the exam and develop an individual study plan to prepare for the exam
- Recognize steps to establish a safety management system using OSHA general industry and construction standards, as well as ANSI and ISO consensus standards
- Examine construction health hazards, industrial toxicology, fall protection, power tools, electricity, cranes and derricks, PPE, and proper labeling and handling of chemicals used on construction sites
- Recognize best practices for recordkeeping, job hazard analysis, pre-job safety plans, investigation of incidents, site inspections, regulatory inspections, and audits
- Examine successful hazard communication and training plans (including the Globally Harmonized System)

Math Review for Certification Exams

Monday, October 24 | Beginner | 0.7 CEUs |

Review the basic mathematic principles you need to pass your certification exams. This course will include math examples typically found on exams and help you review how to solve relevant math problems. **You need a TI-30XS scientific calculator to participate in this course.**

Instructor(s): Richard Lindsey, CSP, SMS

Learning Objectives:

- Demonstrate how to operate a scientific calculator or calculator emulator.
- Perform metric and English conversions.
- Solve for variables in an equation.
- Use exponents, scientific notation, and answer-significant digits.
- Apply formulas and conversions commonly used on safety certification tests.
- Solve basic sample math problems related to:
 - Area
 - Volume
 - Algebraic
 - Trigonometry
 - Statistics
 - Finance
 - Noise
 - Radiation

RISK ASSESSMENT AND MANAGEMENT

Analytics: A New Approach to Health & Safety

Friday, October 28 | Advanced | 0.7 CEUs |

Organizations have long used data analysis to drive improved performance. However, the quality of data now being accumulated and the speed at which data are being reported enables organizations to gain valuable insights to improve their overall performance. Explore data points that drive success from an occupational safety and health (OSH) perspective and discover how this information can lead to continuous improvement in critical areas such as preventing workplace incidents and injuries, reducing absenteeism, and increasing productivity.

Instructor(s): Todd R. Hohn, CSP

Learning Objectives:

- Determine how your organization can use leading indicators to drive improved outcomes
- Analyze key success factors to enact system and process change
- Review how analytics are being deployed to improve safety performance
- Implement different learning tools to support engagement and implementation

Applied Ergonomics Risk Assessment

Thursday, October 27 | Intermediate | 0.7 CEUs |

This applied ergonomics risk assessment course gives participants a foundational understanding of an ergonomics program. Participants will receive a set of essential ergonomics risk assessment tools. The participants will learn to use tools for ergonomics hazard identification, analyze and evaluate ergonomic risks, and apply risk reduction concepts.

Instructor(s): Georgi Popov, Ph.D., CSP, ARM, SMS, QEP

Learning Objectives:

- Describe ergonomics hazards
- Use appropriate ergonomics risk assessment terminology
- Differentiate between fundamental ergonomics hazard identification tools and semiquantitative ergonomics risk assessment tools
- Evaluate various ergonomics risk assessment methodologies
- Develop a business case for ergonomics interventions

Creating a Safe Driving Workforce

Monday, October 24 | Intermediate | 0.7 CEUs |

It takes time, patience and persistence to create a culture that advances auto safety. This course will review how to hire and retain applicants, train them with methods proven to prevent collisions, and reinforce your training with telematics and video cameras. Learn how reviewing auto incident claims can help you understand costs and work with stakeholders to improve safety.

Instructor(s): Charlie Halfen

Learning Objectives:

- Evaluate, hire and retain drivers
- Implement training methods that help prevent auto incidents
- Use driver technology to reduce incidents and liability
- Use auto claims to improve outcomes

The Importance of Perspective, Policy and Adapting Through Learning

Friday, October 28 | Beginner | 0.7 CEUs |

Traditional decision-making in occupational safety overlooks field modifications and worker perspectives. This course will use safety management guidance found in ISO 45001 and ANSI/ASSP Z10 to emphasize the value of continuous improvement through learning and experimentation. Empower your team to assess risks, influence senior management and turn lessons into actionable policies.

Instructor(s): Wyatt Bradbury, CSP, CHST, CIT

Learning Objectives:

- Differentiate between types of systems using examples and case studies
- Prepare a high-level hazard analysis that depicts "work as imagined" and a localized hazard analysis that depicts "work as done"
- Define risk
- Synthesize risks and engage employees in hazard analysis and risk management
- Support learning at all levels

Lean Six Sigma Tools for Safety Professionals

Wednesday, October 26 | Intermediate | 0.7 CEUs |

Learn to use Lean Six Sigma (LSS) tools as a framework for developing safety and health management programs. This course will help you calculate key performance indicators using accepted LSS tools, align LSS benefits with OSH improvement, prioritize risk reduction options and develop a business case for OSH intervention. Engineering terminology and risk models come together in this framework developed by OSH professionals for OSH professionals

Instructor(s): Georgi Popov, Ph.D., CSP, ARM, SMS, QEP

Learning Objectives:

- Discuss key elements of the LSS model
- Design projects using the operational excellence (Six Sigma) methodology
- Conduct a Pareto analysis to evaluate operations
- Calculate commonly used OSH metrics using LSS tools
- Apply LSS metrics to OSH interventions

Managing Risk Is More than Risk Assessment

Monday, October 24 | Intermediate | 0.7 CEUs |

Many organizations have implemented a risk assessment process. But managing occupational safety and health (OSH) risk is more than just risk assessment. There are five elements in risk management, and while risk assessment is at the center, the others need to be addressed. Further, leadership needs to be leveraged, the workforce needs to be engaged, and the process needs to be integrated into an occupational safety and health management system. This course is designed for OSH professionals who want to further their role in their organization's implementation of risk management.

Instructor(s): Pamela J. Walaski, CSP, FASSP

Learning Objectives:

- Explain the intersectional and complimentary nature of the components of risk management
- Develop techniques and tools to enhance your role as an OSH leader in your organization's risk management process
- Demonstrate how to engage senior management and your workforce to perform integral roles in the risk management process
- Identify techniques for integrating risk management into an occupational safety and health management system

Risk Assessment and Management for Safety Professionals

Thursday, October 27 - Friday, October 28 | Beginner | 1.4 CEUs |

An effective risk assessment and management process helps you identify potential hazards and reduce risk to an acceptable level. Review the risk management process — which includes establishing risk criteria and context, risk identification, risk analysis, risk evaluation, risk treatment, risk monitoring and reporting, and risk communication. **Your registration includes a copy of ASSP TR-31010-2020**

Technical Report: Risk Management - Techniques for Safety Practitioners.

Instructor(s): Paul A. Esposito, CSP, CIH

Learning Objectives:

- Implement the risk management process
- Demonstrate the need for management to support risk treatment plans and efforts
- Apply risk assessment tools, techniques, and methods
- Measure the effectiveness of the risk management process to support your organization's objectives

SAFETY MANGAGEMENT SYSTEMS

A Standards-Based Approach to OSH Performance Measurement

Tuesday, October 25 | Intermediate | 0.7 CEUs |

Creating performance measurement indicators using the requirements of published voluntary consensus standards provides a more effective methodology than traditional lagging/leading indicators. This course will explore what various standards require (domestic and global) and how to integrate those requirements into strategic business operations.

Instructor(s): Pamela J. Walaski, CSP, FASSP

Learning Objectives:

- Discuss why leading and lagging indicators not tied to organizational processes are ineffective at measuring performance
- Describe how voluntary consensus standards address organizational performance measurement and why that approach is more effective
- Explain what the primary consensus standards say

Implementing ISO 45001

Monday, October 24 – Wednesday, October 26 | Intermediate | 2.1 CEUs |

Through a blended learning approach, develop the knowledge and confidence to successfully implement an occupational health and safety management system (OHSMS) as an integral part of your organization's overall business operations and objectives. Organizations that adopt the standard as part of their business practices, goals and objectives can better protect their workers, brand reputation, supply chain and future growth on a global level. **Your registration includes a copy of ISO 45001-2018.**

Instructor(s): Kenneth A. Clayman, SMS

Learning Objectives:

- Create a compelling story around developing and implementing an ISO-45001-compliant OHSMS
- Explain the importance and value of implementing an OHSMS following the ISO 45001 standard
- Define key terminology and guidelines related to the implementation of the ISO 45001 standard
- Navigate the ISO 45001 standard and its main sections
- Assess performance of your OHSMS, leveraging the success factors listed in the standard to continuously improve the process
- Translate knowledge gained into an actionable plan for initiating your own OHSMS development and implementation

Internal OHSMS Auditing Using ISO 45001

Thursday, October 27 - Friday, October 28 | Intermediate | 1.4 CEUs |

Examine ISO 45001-2018 from an auditor's perspective. Review components of an effective internal audit program and discuss steps necessary to plan for and complete internal occupational health and safety management system (OHSMS) audits. Develop skills to document nonconformance findings, assess adequacy and effectiveness of corrective actions, and evaluate the adequacy, suitability and effectiveness of an internal audit program. Demonstrate a solid understanding of audit programs and processes and apply the knowledge to complete an OHSMS audit. **Your registration includes a copy of ISO 45001-2018.**

Instructor(s): Kenneth A. Clayman, SMS

Learning Objectives:

- Use tools to develop an OHSMS internal auditing program
- Plan and complete internal OHSMS audits.
- Assess and improve your organization's OHSMS based on ISO 45001

Reaching a Higher Level of Safety Program Maturity

Monday, October 24 | Intermediate | 0.7 CEUs |

The classic maturity model for safety programs assumed that high injury rates resulted from irresponsibility. But now, most organizations use occupational safety and health management systems to improve culture and avoid blame. This course will help you understand the maturity level of your program within today's framework, use metrics and audits to gain insight and reach new heights.

Instructor(s): Paul A. Esposito, CSP, CIH

Learning Objectives:

- Recognize the five levels of safety program maturity
- Understand new methodologies for driving sustainability
- Identify and use leading indicators and metrics, employee engagement and integration to improve safety
- Develop a leading scorecard for safety
- Practice completing a maturity model

Safety Management I

Monday, October 24 – Wednesday, October 26 | Beginner | 2.1 CEUs |

Occupational safety and health (OSH) processes have fundamental elements and conditions required by regulatory agencies. Develop a foundational understanding of these elements and examine techniques for creating an effective safety management system. Build on or confirm the current conditions of your OSH process to create a road map for an effective safety management system. This course is the first in a three-course series for obtaining ASSP's Safety Management Certificate.

Instructor(s): Samuel J. Gualardo, CSP, FASSP

Learning Objectives:

- Apply proven techniques to establish accountability for safety efforts
- Identify the elements of a safety management system and discuss strategies for implementing them
- Write effective policy statements and performance standards to help your management team execute its safety responsibilities
- Develop the ability to promote safety to various levels in the organization
- Describe the moral, financial, and legal responsibilities of today's safety professional
- Create strategies to control workers' compensation costs
- Establish a budget for a safety management effort

Safety Management II

Thursday, October 27 – Friday, October 28 | Beginner | 1.4 CEUs |

Build on what you learn in Safety Management I to take steps to implement a safety management system within your organization and practice techniques to measure its effectiveness. You will also gain insight and practical guidance on how to strengthen an existing safety management system. This course is the second in a three-course series for obtaining ASSP's Certificate in Safety Management.

Instructor(s): Samuel J. Gualardo, CSP, FASSP

Learning Objectives:

- Review various types of safety management systems and evaluate their application to the safety function
- Practice methods for assessing the performance of a safety management system
- Evaluate leading metrics and determine how they may benefit your organization
- Use effective leadership and communication skills, training and ethical behavior to improve safety performance

TOTAL WORKER HEALTH

Gamification For Safety and Total Worker Health® Programs

Monday, October 24 | Beginner | 0.7 CEUs |

This course will present a five-step process for gamifying your safety and *Total Worker Health*® programs. Discuss the importance of defining objectives and key results (OKRs), the value of personas and techniques, the basics of storytelling, and how to use game mechanics to improve safety and well-being. Think beyond training games and develop inspiring activities.

Instructor(s): Linda M. Tapp, CSP, ALCM, CPTD

Learning Objectives:

- Develop personas to use when creating safety and health programs
- Apply principles of game mechanics to a variety of safety and health initiatives
- Create a gamified workplace program prototype

OSH Journey From Compliance to Total Worker Health®: How Do I Evolve My Role?

Tuesday, October 25 | Intermediate | 0.7 CEUs |

Our profession has evolved from enforcing compliance to using industry best practices, assessing risk, advocating for safety and health management systems, and understanding human and organizational performance. This course will explore the concept of *Total Worker Health*® — its place in the continuum of OSH strategies and how it connects the inputs that help organizations thrive. During group discussions, consider the progression of your safety program, what you still want to learn and how your influence can make a difference.

Instructor(s): Deborah Roy, CSP

Learning Objectives:

- Discuss the continuum of how the OSH profession has evolved over time
- Describe how risk assessments and safety and health management systems help organizations improve
- Give examples of how to implement *Total Worker Health*®
- Identify one change in strategy or approach that could improve your career

The Intersection of Psychologically Healthy Workplaces and Total Worker Health®

Thursday, October 27 – Friday, October 28 | Advanced | 1.4 CEUs |

Psychosocial hazards are increasingly recognized as major challenges to safety, health and well-being at work. This course will provide the knowledge, tools and resources you need to support your workforce by incorporating the tenets of ISO 45003 and *Total Worker Health*®. Such organizational and operational processes facilitate broader business strategies using a human-centered approach to occupational risk management and human resources management.

Instructor(s): Jeanette Black, Ed.D., SPHR, SHRM SCP

Learning Objectives:

- Define psychological health in the workplace
- Understand the similarities and differences between ISO 45003 and *Total Worker Health*®
- Determine the most important factors and competencies in creating human-centered cultures
- Use the *Total Worker Health*® framework and ISO 45003 to mitigate psychological health risks
- Describe the importance of leadership and its impact on culture and sustainability

Total Worker Health® Through Micro-Communication Practices

Wednesday, October 26 | Advanced | 0.7 CEUs |

Micro-communication practices are simple and effective — especially when used to improve psychological safety and organizational performance. Learn practical and powerful communication techniques based on research. Hear how others are using micro-communication and the *Total Worker Health*® framework to reduce burnout, increase worker engagement and sustain high-performance teams.

Instructor(s): Rosa Carrillo and Mei-Li Lin, Ph.D.

Learning Objectives:

- Explain the components of *Total Worker Health*® and how they address business needs
- Implement the five core practices that build psychological safety
- Use micro-communication to address psychosocial hazards
- Prepare a communication strategy for a hybrid workplace

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